



@NYWUSA News

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Introducing our New Logo!

Saanvi Maskara

The logo, as featured below, has changed dramatically to let our message come across more clearly. Our colors are represented in the new logo - all big parts of the mission OMI carries. The orange in it represents a sense of joy, success, encouragement, and enthusiasm. The teal and turquoise display support, healing, and peace. The pink symbolizes compassion and happiness. Two amazing young ladies put it all together. Ruqayyah Muse, one of our Technology volunteers, originally drew the hands for our logo. When asked about her inspiration, she said "I wanted to make something that represented the heart of what our organization stands for. No matter what a person's going through, at OMI, we are here to help and support one another every step of the way." Madison Pettiford, one of our Media volunteers, was the main designer, and she reformatted and finalized the logo: "The original art for the logo gave me an overall idea of what we want. I knew it had to be recognizable and our



simple with not too much going on. It needed company name and our colors. It simply came together on its own. I've been drawing since I was 11 and I guess I can design too. I paint and sketch. I have done realism and cartoons. I just like to have fun with it." These amazing young ladies are making history, and we are proud to work with them!



Madison Pettiford

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Meet Our Tik Tok Volunteers!

Takoda Wells

April is National Volunteer Month, so we're highlighting two of our amazing volunteers - Alisha and

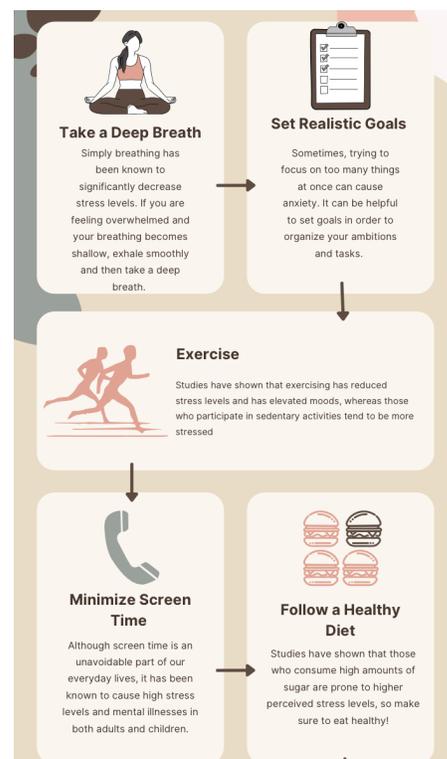


Isabella! They have been with OMI for about a month and "have already fallen in love with the organization". On the [OMI TikTok page](#), the two share inspirational and uplifting videos. Isabella said her favorite part about being a volunteer is providing the same support that she received when she was struggling, and Alisha agreed, adding that "it's really nice to be able to know that I'm making a change in someone's life somewhere". Alisha loves the positivity that OMI holds, and Isabella encourages anyone who may be interested in volunteering to start today: "the fulfillment it brings is so worth it".

Tips for Stress!

Shriya Raja

Stress is inevitable; everyday, there are things that cause us stress and anxiety. In teenagers, this can be in the form of a plethora of homework, assignments, and extracurriculars. Although it may seem like we have no control over those sensations, there are ways to cope. I am a firm believer that all troubles and conflicting sensations originate from none other than our own heads, so the solution would be to simply ignore it. I know this may seem easier said than done, but having a calm mind and a positive outlook on things has been proven to significantly decrease stress levels. Here are some tips to create an environment of serenity and positivity.



PRESIDENT'S NOTE

This month we celebrate volunteers, and I want to thank our amazing group of volunteers, most of whom are under the age of 21. Just this year alone, they have created our new logo and finished the facilitator guide for conflict resolution, anger management and improved self esteem so we could start our CASE trainings. Finally, they put in over 1200 volunteer hours. This is something to truly celebrate. What you may not now is OMI has been around for over 22 years now and has always run every program, media post, and technology with ALL volunteers. We would be nothing without our volunteers. I want to say "thank you" for your heartfelt dedication to our cause!!



Activity Page: Volunteering Word Search

Fareeha Mohammad

Volunteering

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C E B P G R O Y U J P L O N I Z Y B C I E K D K
I S T M G V P O J A V N D A X E E B R E V F O S
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behaviour

love

safety

need

policies

support

help

heart

organisation

giving

community

charity

shelter

youth

volunteer