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41 Million Youth Impacted by School Shootings

Takoda Wells



41 MILLION YOUTH IMPACTED BY SCHOOL SHOOTINGS AND SUICIDE

HERE'S WHY THERE IS A RISE IN

C onflict - 73%

A nger - 87%

S elf - 68%

E steem

Less than 1% helped



The United States has the highest rate of school shootings in the world with 1,369 incidents since 1970, and all states having at least one shooting. The consistent violence in schools seems to be never ending, although many solutions have been proposed. One of the main approaches to the shootings is the proposition of gun control. This would mean restricting the access and use of dangerous assault weapons to civilians. Protective laws and policies would help aid the protection of our students in school and encourage the safe usage of firearms. Another piece of keeping schools safe is creating a supportive

environment for students to learn and interact with others. All education administrators can learn something from past tragedies in order to secure their student's safety. With a combined effort, we can lower the rate of shootings and allow learning to prosper.

MISSION STATEMENT:

"The purpose of OMI is to instill resiliency skills through education and developing life skills to "at-risk" youth in hopes that they will become productive members of society. To provide opportunities that will focus on the entire mind, body, soul and spirit."

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State Your CASE Openings Available Now!

Fareeha Mohammad

Our youth have grown increasingly troubled, largely due to their mental health. Suicide and homicide is growing increasingly common due to a lack in proper education about mental health. For precisely that reason, we developed CASE, a program that teaches how to manage Conflict, Anger, and Self-Esteem. Our pilot group first went through CASE in early 2021 and passed successfully. We will be continuing the program in January 2022 and have openings available for 7 - 8 young gentlemen and 7 - 8 young ladies. To sign up, visit our website at www.nywusa.com and select "Adult" to serve as a facilitator or "Student" to undergo the program.



Practicing Gratitude for Yourself and Others

Gabby Chong

Although practicing gratitude is important to do year round, Thanksgiving is a time to really get into reflecting on the things you have and getting into the habit of doing so regularly. Some ways to show others how much you appreciate them is by



- telling them why you are thankful for them
- writing them a letter reflecting on memories you share with them
- getting or making them a meaningful gift

Showing gratitude for yourself is also important for your mental health and can increase confidence. You can do this by **thinking about or writing down everything you like about yourself**. So take some time this fall to be kind to yourself and others and remember that you should embrace the things that make you and your loved ones unique.

NOTE FROM THE PRESIDENT

Our theme this month is "Thankful", and I encourage you to think of all the things you are thankful for. If you spend time being thankful, it gives you less time to look at what you don't have or haven't accomplished yet. There is always time to move forward. You just need to take one step forward everyday and not give up. I am thankful for my health, family, friends, and of course, my dog, Zacki. Join us and tag your picture of what you're thankful for on our IG [#nywusa](#) [#Thankful!](#)



Thankful Campaign

Here are some of our partners and amazing volunteers. Check out our Instagram to see why they are thankful!

JOIN US: post your picture and why you are thankful on Instagram with #nywusa #Thankful

