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Sweet Land of Liberty

By Takoda Wells



With the wave of the flag and the hands over hearts,
 We stand for the National Anthem.
 The ballad starts and hearts are warmed.
 Powerful melodies spin into motion,
 telling a story of prosperity.
 The ideals of our founding fathers portrayed in song,
 Takes me back to 1776 and the glorious day for our nation.
 On that bright 4th of July, we celebrated freedom from the British Crown.
 The final declaration of independence secured our protection from tyranny.
 I honor this courageous journey when standing for the flag,

MISSION STATEMENT:

“The purpose of OMI is to instill resiliency skills through education and developing life skills to “at-risk” youth in hopes that they will become productive members of society. To provide opportunities that will focus on the entire mind, body, soul and spirit.”

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Special Shout Out to everyone that supported NYWUSA. Want to volunteer? [click here](#)



Mindful Living with Z

Zayda Rivera

Gabby Chong

On July 31st at 12pm PST, 2pm CST and 3pm EST, we will host a webcast with the Reiki Master-Teacher, intuitive, and meditation and mindfulness guide Zayda Rivera. Zayda grew up in Connecticut, and in 2000, she moved to Hawaii and unknowingly marked the start of her spiritual journey. By 2019, Zayda was leading meditation session. She also became a certified Reiki Master-Teacher and started hosting Reiki sessions during which she channels vibrational energy through individuals to ease their mind, body, and spirit. Zayda's unique sessions aim to help her clients strengthen their ability to self-heal, cleanse their aura, and clear their chakras. To learn more about Zayda, check out her [website](#), Instagram @MindfulLivingWithZ and stay tuned for our webcast and Q&A session with her later this month!

Behind the new Federal Holiday-Juneteenth -Fareeha Mohammad

Often considered as America's of Juneteenth began on June 19, Galveston Bay, Texas. It had been Emancipation Proclamation was Confederate rebel states their General Robert E. Lee of the the Appomattox Court House in of slavery did not happen immediately, and slavery in Texas remained largely unaffected. On that fateful day in 1865, US General Gordon Granger announced on Texan soil "all slaves are free". Joy abounded and since then, Juneteenth has been unofficially celebrated annually on June 19. On June 17, 2021, President Joseph Biden officially signed Juneteenth into becoming a federal holiday.



second independence day, the origin 1865 when Union troops invaded two and a half years since the signed, granting slaves in freedom, and two months since Confederate forces surrendered at Virginia. However, the emancipation

Note from President

I stand with the 14th Amendment which says all Americans should have the right to protection and life, liberty, and the pursuit of happiness. It is necessary to know the history of something in order to address the effects of it. I encourage all our young people to know the truth about American history. We have come a long way but we still have a long way to go. I celebrate Freedom in this issue, because as a woman, I can be independent, make my own money, and help others. That isn't always the case in all countries so we are blessed.



Engaging with Family and Friends

Tapping into your source of Strengths when you start Summer

Post a picture of YOURSELF with your Family and Friends using your sources of strength and post on IG NYWUSA

