

# @nywusa News

[stateyourcase.us](http://stateyourcase.us) | [nywusa.com](http://nywusa.com) | Editor: Cecil Bundick | Co-Editor: Melody Mashouf

## Mission Statement:

“The purpose of OMI is to instill resiliency skills through education and developing life skills to “at-risk” youth in hopes that they will become productive members of society.

To provide opportunities that will focus on the entire mind, body, soul and spirit.”

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## We are Growing:

If you are interested in joining our team please email us at [info@nywusa.com](mailto:info@nywusa.com) for more information and someone will be in touch!

One year ago, National Youth Week Launched the State Your Case App; A survey focused on collecting data from our youth in terms of their levels of Conflict, Anger, and Self-Esteem. “CASE” In celebration of Unity Day during the month of October, a month focused on bullying prevention, we would like to share that during the past

year we have discovered a high percentage of young people face issues with CASE which could result from bullying. OMI is the only organization collecting pre-data to reduce violent behavior. We are so excited to continue this initiative and get the survey into the hands of even more youth during Unity Day October 21, 2020. We hope that helping young people self identify if they have a challenge in this area will teach them to respond rather than react. We knew we had to do something, and that’s why we developed the CASE App.



## How to Support Unity Day:

1. Post a picture on Instagram or Twitter wearing orange.
2. Post a video on Tik-Tok on how you overcame bullying or conflict and share tips that have worked for you.
3. Be sure to take the State Your Case survey!

## Follow us on Social Media:

Facebook: National Youth Week

Instagram: @nywusa

Twitter: @nywusa

TikTok: nywusa

## Note From President:

Do you wanna be courageous? Follow your heart and speak your truth! During anti bullying month, I propose to you to have the courage that comes from the Latin word cor.



It means to tell the story of who you are with your whole heart, and if someone tries to diminish your value or make you feel less then have the compassion for yourself first and walk away. Courage permits one to face extreme dangers and difficulties without fear. Bravery implies true courage with daring and an intrepid boldness: bravery in a battle. Everyday someone is fighting an invisible battle you can't see, so we need to always be aware of the fight some of our you young people have just to see the next day. If you are afraid of being hurt or hurting yourself, please share with an adult you trust. You are never alone and there is someone here to help you. Real courage is staying in the fight and asking for help when you need it.

## State Your Case:

Currently, CONFLICT occurs daily amongst teens. According to the National Youth Prevention Resource Center, minor conflict and disagreements are increasingly being solved by youth through avenues that are becoming more violent. This is a problem! Violence is not a solution but a means to an end. Ultimately, it never addresses the conflict but instead impacts and harms others for a lifetime. By providing tools, resources, and coping skills to teens that address social emotional learning; Individuals will begin to understand the etiology of the problem and learn how address the concerns at the root to prevent any further harm from being done.



OMI desires to provide practical and realistic tools and resources for volunteers and staff to address the problems that arise from Conflict, Anger and Self-Esteem in a proactive manner. This will allow teens to become more aware of themselves, their triggers, establish and gain better coping skills, learn how to address conflicts with a non-violent resolution-based mindset to avoid major problems, preventing aggressive and violent behavior.

We have created a survey that helps young people self identify if they have a challenge with Conflict, Anger or Self-Esteem. This is available to schools, community groups, and churches. This survey is anonymous, and we are happy to share the results with you and your organization. Once you have the results, we have created a facilitators' handbook to help improve these percentages and develop healthier young people. Please email [info@nywusa.com](mailto:info@nywusa.com) if you are interested in the program or want more information.

Christina Schmitt  
Educational Advisor

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